

## Product Spotlight: Butternut Pumpkin

Also known as butternut squash, butternut pumpkin is a type of winter squash that grows on a vine. It has a sweet, nutty taste similar to that of pumpkin!



# with Ham & Cheese Ravioli

A hearty minestrone with diced pumpkin and fresh ravioli from iPastai, all simmered in one pot then garnished with fresh basil.





If you don't feel like making soup, you can sauté the vegetables in a pan until soft. Toss the cooked ravioli through the vegetables and garnish with basil.

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#### FROM YOUR BOX

BUTTERNUT PUMPKIN	1
RED CAPSICUM	1
TOMATOES	2
CELERY STALKS	2
STOCK PASTE	1 jar
TOMATO PASTE	2 sachets
FRESH RAVIOLI	500g
BASIL	1 packet

#### FROM YOUR PANTRY

olive oil, salt, pepper, dried oregano, 1 garlic clove

#### **KEY UTENSILS**

large saucepan

#### NOTES

You can peel the pumpkin if preferred!

Add a sprinkle of parmesan cheese to serve if you have some!

**No gluten option - ravioli is replaced with gluten-free ravioli and ham.** Slice ham and add to the saucepan along with vegetables in step 1. Add ravioli to broth as per step 3.



## **1. SAUTÉ THE VEGETABLES**

Heat a large saucepan over medium heat with **olive oil**. Dice pumpkin (2-3cm), capsicum and tomatoes (see notes). Slice celery. Add all to pan as you go along with **2 tsp oregano**. Cook for 5 minutes until softened.



## **2. SIMMER THE BROTH**

Add **1 crushed garlic clove** and stock paste. Stir in tomato paste and **1.2L water.** Cover, bring to the boil and simmer for 10 minutes.



## **3. ADD THE RAVIOLI**

Stir ravioli into broth. Simmer, uncovered, for a further 5 minutes until cooked through. Season to taste with **salt and pepper.** 



## **4. FINISH AND SERVE**

Divide minestrone among bowls. Garnish with fresh basil leaves (see notes).